



## The Hospitals of Providence Improving Treatment for Women Suffering from Uterine Fibroids

**EL PASO, Texas** — The Hospitals of Providence is offering woman suffering from uterine fibroids a less invasive treatment option with Acessa.

Acessa is a laparoscopic outpatient procedure that treats uterine fibroids of all sizes, without the need for a hysterectomy. Fibroids are tumors and growths on the wall of the uterus that can lead to frequent urination, constipation, prolonged heavy menstrual bleeding and pelvic pain and pressure.

“We are excited to be performing our first Acessa case at The Hospitals of Providence Memorial Campus,” said Dr. Linda Lacy, MD, Board Certified Gynecologist. “By age 50, about 70% of all women develop fibroids at some point in their lives and they can be quite disruptive, so it’s important to have less invasive ways to treat them.”

Acessa offers an alternative to traditional surgery and medication treatment, by using electrodes to shrink fibroids directly without affecting the normal uterine tissue around them.

“I know my patients lead busy lives, so being able to reduce recovery times by not having to cut the uterus is a huge benefit,” said Lacy. “This is also a great treatment option for women who are trying to conceive and experiencing infertility due to fibroids.”

Over 99% of fibroids are non-cancerous and their cause is unknown, but they can be very troublesome in a woman’s daily life.

The Hospitals of Providence offers advanced medical care and surgical procedures, including robotic surgery, dedicated to improving the health of women in all stages of life. Our comprehensive list of healthcare services provide full continuum of care – from newborn babies, to annual exams, bone health and breast health.

To find out more about Women’s Services visit:

<https://www.thehospitalsofprovidence.com/our-services/womens-health>

### **ABOUT THE HOSPITALS OF PROVIDENCE**

The Hospitals of Providence covers the El Paso Region to include West Texas and Southern New Mexico. The system includes acute-care hospital locations: Memorial Campus, Providence Children’s Hospital, Sierra Campus, East Campus, Transmountain Campus, Horizon City Campus and the Northeast Campus; Diagnostic Imaging Centers to include a dedicated pediatric location; the Trawood Emergency Room and Emergency Room Edgemere; Paso del Norte and El Paso Day Surgery Centers and the El Paso Center for Gastrointestinal Endoscopy; Teen Health Resource Centers; The Center for Wound Healing; Vein Center: Inpatient Rehabilitation Program; Outpatient Therapy Centers; MedPost and MedPost Kids Urgent Care Centers; and ‘A New Me’ Surgical Weight Loss Program. The Hospitals of Providence is dedicated to continuing the over 100-year commitment to the El Paso community. For more information please visit [TheHospitalsOfProvidence.com](http://TheHospitalsOfProvidence.com).

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